

THE TWELVE STEPS AND THEIR BIBLICAL COMPARISONS

1. **We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.** — *“I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.” (Romans 7:18)*
2. **We came to believe that a power greater than ourselves could restore us to sanity.** — *“For it is God who works in you to will and to act according to His good purpose.” (Philippians 2:13)*
3. **We made a decision to turn our wills and our lives over to the care of God.** — *“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship.” (Romans 12:1)*
4. **We made a searching and fearless moral inventory of ourselves.** — *“Let us examine our ways and test them, and let us return to the Lord.” (Lamentations 3:40)*
5. **We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.** — *“Therefore confess your sins to each other and pray for each other so that you may be healed.” (James 5:16)*
6. **We were entirely ready to have God remove all these defects of character.** — *“Humble yourselves before the Lord, and He will lift you up.” (James 4:10)*
7. **We humbly asked Him to remove all our shortcomings.** — *“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.” (1 John 1:9)*
8. **We made a list of all persons we had harmed and became willing to make amends to them all.** — *“Do to others as you would have them do to you.” (Luke 6:31)*
9. **We made direct amends to such people whenever possible, except when to do so would injure them or others.** — *“Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift.” (Matthew 5:23-24)*
10. **We continued to take personal inventory and when we were wrong, promptly admitted it.** — *“So, if you think you are standing firm, be careful that you don’t fall!” (1 Corinthians 10:12)*
11. **We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.** — *“Let the word of Christ dwell in you richly.” (Colossians 3:16)*
12. **Having had a spiritual experience as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.** — *“Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted.” (Galatians 6:1)*

WHAT IS CELEBRATE RECOVERY?

Celebrate Recovery can help you find healing from all of your Hurts, Habits and Hang Ups in a safe place. This is accomplished in small group settings, through a study of the 12 steps and their biblical comparisons. It develops a personal accountability and forgiveness.

The desire to change is the only requirement to attend!

PRAYER FOR SERENITY

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Living one day at a time, enjoying one moment at a time, accepting hardship as the pathway to peace; taking as Jesus did, this sinful world as it is, not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen.

HOSTED AT:

Crossroads Evangelical Church
845 E. Leggett Street, Wauseon OH

WE MEET WEEKLY:

Thursday Nights from 6:00 - 10:00 p.m.

Ministry Servants:

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WAUSEON
CELEBRATE
RECOVERY®
A Christ-Centered Recovery Program

THE ROAD TO RECOVERY

The 8 Principles
Based on the Beatitudes

Realize I'm not God: I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable. — *"Happy are those who know they are spiritually poor." Matthew 5:3*

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. — *"Happy are those who mourn, for they shall be comforted." Matthew 5:4*

Consciously choose to commit all my life and will to Christ's care and control. — *"Happy are the meek." Matthew 5:5*

Openly examine and confess my faults to myself, to God, and to someone I trust. — *"Happy are the pure in heart." Matthew 5:8*

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. — *"Happy are those whose greatest desire is to do what God requires." Matthew 5:6*

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others. — *"Happy are the merciful." "Happy are the peacemakers." Matthew 5:7, 9*

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and by my words. — *"Happy are those who are persecuted because they do what God requires." Matthew 5:10*

WHAT ARE HURTS, HABITS & HANG UPS?

ADULT CHILDREN OF FAMILY DISFUNCTION *Individual groups for men (formerly Adult Children of Alcoholics)*

The family problem of alcoholism made us "co-victims"—those who take on the characteristics of the alcoholic without necessarily ever taking a drink. Choosing to recognize and exit the modeled behaviors of alcoholism is the beginning of Recovery for the ACFD.

CHEMICALLY DEPENDANT *Individual groups for men and women*

If you find that you cannot quit drinking or using entirely, even when you honestly want to, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem that only a spiritual solution will conquer.

CODEPENDANCY *Individual groups for men and women*

This group is for those struggling with the compulsion to rescue and take care of others, have difficulty setting boundaries, or recognizing their own worth. Members in this group learn to express their own needs and wants in healthy ways.

CODEPENDENT WOMEN IN A RELATIONSHIP WITH A SEXUALLY ADDICTED MAN

Sexual addiction and its causes are largely unknown to most people. This group not only provides support, but also helps women seek an understanding of their own personal issues. Codependents can then confront their own denial and behavior while gaining insight and understanding of their spouse's sexual addiction.

EATING DISORDERS & FOOD ADDICTION *Individual groups for women*

This recovery group's purpose is to learn a new way of living. The Eating Disorder group addresses Anorexia and Bulimia. The Food Addiction group addresses compulsive overeating and those on the diet roller coaster. We have learned, our tendency is to compulsively try to control food or to be out of control with food. At your own pace, you will learn to trust, to ask for your needs to be met, to say "no" when it is appropriate, to express your feelings, and to hang around when all you want to do is run.

FINANCIAL RECOVERY *Individual groups for men and women*

This group is designed to help you, with God's power, gain financial freedom from your debts so you can start managing your finances God's way. In addition, the core hurts, habits, and hang-ups that have caused the financial trouble and stolen the serenity and joy that God has intended, will be overcome.

PHYSICAL/EMOTIONAL AND SEXUAL ABUSE *Individual group for women*

This group is for those who have endured past physical, sexual and/or emotional abuse. Recovery includes healing from the traumas done to us at sometime in our past, as well as healing from the influence these past experiences continue to have on our lives.

RECOVERY FROM ANGER *Individual groups for men and women*

These recovery groups are for men and women who find that anger is their first response to problems of any size. The anger may be very evident as rage, or less obvious in terms of withdrawal and isolation. These groups focus on managing a God-given emotion in constructive ways.

SAME SEX ATTRACTION *Individual men's group*

Is your relationship with God characterized by shame and guilt? Have you pulled away from healthy relationships because of homosexual issues? If you relate to these struggles, we welcome you to join us for hope and strength as we learn how to apply the 8 Recovery Principles to our lives.

SEXUAL ADDICTION *Individual groups for men and women*

Support group for those seeking recovery from lust and compulsive sexual behaviors. This group provides fellowship, is a safe place to share our struggles, pain, and victories, and helps to establish accountability and mutual support among the group members throughout the week.

WOMEN'S LOVE AND RELATIONSHIP ADDICTION

This group deals with Romance and Relationship Addiction only, and provides a safe place to deal with the depression, isolation, lack of trust, and the unhealthy use of love and relationships as a means of achieving worth.

Welcome to an amazing spiritual adventure and a safe place to heal!

